



Thurston County Community Services List

Updated: 06/10/15

For additional information or referrals, please contact the Crisis Clinic at 586-2800 24 Hours a day
Visit our website at www.crisis-clinic.org

Washington State 211 (Mon-Fri 9am – 3pm) (www.resourcehouse.com/win211) 211

CHILDREN / YOUTH / TEENS

Big Brothers / Big Sisters of SW, WA (Children Matched w/ Adult Volunteers)	943-0409
Boys and Girls Clubs of Thurston County:	
Lacey	438-6811
Olympia	556-3615
Rochester	273-9397
Tumwater	570-8888
Child Care Action Council - Resource & Referral Line	800-446-1114
Child Protective Services (Investigates Allegations of Abuse-24 hrs)	1-866-363-4276
Children & Parents First (Parenting Skills/Child Care) BHR (S-board)	704-7170
Children's Mental Health Program, (Lacey) BHR (S-board)	704-7170
Community Action Council WIC (Women, Infants & Children) Program (S-board)	438-1100
Community Youth Services (Shelter, Resource Info, & Services for At Risk Youth)	943-0780
Family Reconciliation Service, DSHS (Families in Conflict) S-board	888-822-3541
Family Support Center of South Sound (Parent Education/Family Support)	754-9297
National Runaway Safeline (24 HRS)	1-800-RUN-AWAY
South Sound YMCA	Briggs 753-6576 or Olympia 357-6609
Stonewall Youth (GLBTQ Youth Support Group)	705-2738
Youth Help Line (The Crisis Clinic)	(24hrs) 586-2777

CHEMICAL DEPENDENCY

Alcoholics Anonymous (AA) (24 hrs)	352-7344
Alternatives Professional Counseling (For Domestic Violence Victims also)	357-7986
Celebrate Recovery (www.celebraterecovery.com) Turning Point Church	489-0378 Option 5
Chemical Dependency Counseling (BHR Recovery Services) S-Board	704-7170
Narcotics Anonymous (NA) (For Any Chemical Dependency 24 hrs)	754-4433
Nisqually Tribal Health Services (Incl. Substance Abuse Program) (S-board)	459-5312
Northwest Resources	943-8810
Olympia Al-Ano Club (AA/NA/CA/MA/SA Meetings/Info)	753-9934
Providence St. Peter Chemical Dependency Center (Detox)	456-7575 or 1-800-332-0465
Sea Mar Behavioral Health (Incl. Spanish-Speaking Services)	704-7590
South Sound Clinic (Counseling, Methadone Program)	413-6910 or 1-888-764-7243
The Harvest Program (Mothers and Expecting Women Seeking Addiction Recovery)	754-5729
True North Student Assistance & Treatment Services (Tumwater)	464-6873
(Yelm)	458-6233
Washington State Problem Gambling Hotline 24/7	1-800-547-6133

COUNSELING / MENTAL HEALTH

Behavioral Health Resources (BHR) Counseling Services (24 hours) S-Board	704-7170
Capitol Recovery Center (rehab prog by & for mental health consumers)	357-2582
Community Youth Services (CYS) (Crisis Intervention & Support) S-Board	943-0780
Crisis Resolution Services (Involuntary Detention 24 hours)	754-1338 or 1-800-270-0041
Mental Health Access Program (MHAP a Service of the Olympia Free Clinic)	359-3346
NAMI Helpline (Nat'l Alliance for Mental Illness: Information & Support)	866-0403 or 493-6021
Providence St Peter Hospital Psychiatry (Med. Management) No Counseling Services	493-7064
Sea Mar Behavioral Health (Incl. Spanish-Speaking Services)	704-7590

DISABILITIES - PHYSICAL / MENTAL

Adult Protective Services, DSHS (Report Abuse to Vulnerable Adults)	1-877-734-6277
Arc of WA State (Advocates for Citizens with Intellectual/Developmental Disabilities)	357-5596
Deaf & Hard of Hearing Services, WA State Office of (DSHS)	TTY 902-8000 or 800-422-7930
Dial-A-Lift (IT Bus Services)	754-9393 or 1-800-244-6846
Disability Rights (Seattle)	206-324-1521
Long Term Care Pro, Catholic Community Svcs (In-Home Assistance) S-board	586-2960
Morningside (Vocational Development/Employment Services)	943-0512
PAVE (Advocacy for Families & Individuals w/ Disabilities)	1-800-572-7368 or 253-565-2266
Protective Payee Services-(Voice Mail)	352-3914
Recreation Services, Thurston County Specialized Recreation S-board	786-5595
Respite Care Program (through Childcare Action Council)	754-0845
Social Security Information Line (SSI/Medicare)	1-800-772-1213
South Sound Parent to Parent (Supporting Parents of Individuals with special needs)	352-1126
Vocational Rehabilitation, Division of (DVR) V/TDD	1-800-548-0946
WA State Dept. of Services for the Blind (S-board)	1-800-552-7103
WA Talking Book & Braille Library	1-800-542-0866

EDUCATION / LITERACY

Family Education & Support Services (Parenting Support/Child Development)	754-7629
Job Corps (Vocational Education & Life Skills, ages 16-24)	754-7409
Nisqually Youth Services (Community Youth Services)	455-5213
Sound Learning (tutoring for reading, writing, ESL, GED)	426-9733
Work First Program, SPSCC (Pre-Employment Training/Support for those on TANF)	596-5401

EMERGENCY NEEDS – CLOTHING, UTILITIES:

Baby Bank (Diapers & Baby Clothes; Referral Necessary)	357-6617
City Gate Ministries	705-0291
Community Service Office, Olympia (DSHS) (Public Assistance/Medical Coupons/Food Stamps)	877-501-2233 TTY 800-209-5446
Emergency Outreach Program (Sacred Heart Church)	923-0929
Red Cross (Assistance for Natural Disasters & House Fires 24 hrs)	352-8575
Saint Vincent De Paul Clothing Bank & Pregnancy Aid, Olympia	352-7554
Saint Vincent De Paul (Limited Utilities Asst)	352-7554
Salvation Army (Emergency Shelter, Meals, Utilities/Rent Assist as Funds Avail)	352-8596
The Other Bank YWCA	352-0593
Veterans Assistance Fund	867-2625
Yelm Community Services (Food, Clothing, Utilities Asst, Emergency Shelter)	458-7000
YWCA of Olympia (For Supplies that Food Stamps Don't Cover)	352-0593

EMPLOYMENT INFORMATION & ASSISTANCE

Division Vocational Rehabilitation	664-3060 or V/TTY 800-548-0946
Pathfinders Supported Employment, (People with Mental Health Disabilities), BHR	704-7170
WorkSource, Employment Security (Job Search/Training/Unemployment Comp.)	704-3600
Youth Employment & Training, CYS (Ages 16 – 21)	943-0780

FOOD & NUTRITION

Food Banks:	
South Thurston United Friends Food Bank	273-5891
Thurston County Food Bank	352-8597

Yelm Food Bank	458-4003
Food Stamps (DSHS Community Service Office)	877-501-2233 TTY 800-209-5446
Garden Raised Bounty (GRuB)	753-5522
Meals on Wheels (Lunches to Anyone 60+ and Homebound)	586-6181
Olympia Union Gospel Mission: (Meals, Showers)	709-9725
ROOF (Rochester)	273-6375
Salvation Army (Community Kitchen)	352-8596
Women, Infants & Children (WIC) Nutrition Program (SeaMar)	754-2936 or (CAC) 438-1100

HEALTH CARE / HOSPITALS / CLINICS

Assured Home Health	236-9204
Hospice	352-0711
Capital Medical Center Switchboard	754-5858 or Emergency Dept. 956-2590
CHOICE Regional Health Network (Low-Income Insurance)	539-7576
Care Net (Pregnancy Counseling/Testing, Ultrasound)	753-0061
Crisis Line (The Crisis Clinic)	(24hrs) 586-2800
Dental Clinic, Sea Mar Community Health	570-8016
Family Health Hotline	1-800-322-2588
Health Department, Thurston County: (Syringe Needle Exchange, Communicable Disease Program, Chronic Disease Prevention, Children with Special Health Care Needs, Maternal & Child Health, Veteran's Assistance)	867-2500
HIV/AIDS Hotline, Washington State (Info & Referral)	V/TDD 1-800-272-2437
Medical Assistance (Coupons), CSO (DSHS)	877-501-2233 or TDD 586-0226
The Olympia Free Clinic (Wednesday evenings)	529-1937
Olympia Union Gospel Mission: (Dental/Vision for Uninsured)	943-6400
Nisqually Tribal Health Services (Indian Medical/Dental)	456-5221
Paratransit Services (Transportation to Medical Appointments)	1-800-846-5438
Pierce County AIDS Foundation Olympia Office	352-2375
Planned Parenthood (Birth Control, Pregnancy Testing/Counseling)	754-5522
Providence Sound Homecare & Hospice	459-8311 or 1-800-869-7062
Poison Center, WA (Info for Poison/Overdose 24-hrs)	V/TDD 1-800-222-1222
Providence St Peter Hospital	491-9480 or Emergency Room 493-7289
Homecare Referral Registry (In Home Care- Medicaid Client Only)	1-888-545-0910
Sea Mar Community Health Center, Medical	491-1399
SHIBA (State Health Ins. Benefit Advisers; Medicare, Sup. Ins. Info)	800-562-6900
Pierce County AIDS Foundation – Olympia (Case Management for People w/ AIDS)	352-2375
Within Reach Family Health Hotline	1-800-322-2588

HOUSING ASSISTANCE / EMERGENCY SHELTERS

Drexal House (Housing programs & Shelter - 24hrs)	753-3340
Family Support Center (Family Shelter)	628-7343
Haven House (shelter/crisis center for teens 12-17)	754-1151 or 888-698-1825
Housing Authority, Thurston (for low income, disabled, elderly)	753-8292
Housing Rehabilitation, City of Olympia (rehabilitation loans for Home-Owners)	753-8436
Rosie's Place (Drop in day shelter Youth and Young adults 12-24)	943-0780 ext 186
Safeplace (shelter for abused women - 24 hrs)	754-6300
Safe Shelter Program (Runaway homeless Youth 12-17)	943-7861
Salvation Army (emergency shelter/rental assistance)	352-8596
SideWalk Support Center	515-5587
Yelm Community Services (rural Thurston County residents)	458-7000

SAFETY/ LEGAL/ CONSUMER ASSISTANCE & SUPPORT

Child Support Enforcement Office	664-6900 or 1-800-345-9964
CLEAR Hotline (Coordinated Legal Ed Advice/Referral)	1-888-201-1014
Consumer Protection Division, (Attorney General, unfair business)	800-551-4636
Crime Victim Advocacy Network Victim Help Line (24/7)	866-711-2826
Disability Rights, Washington (dev disabled/mentally ill)	1-800-562-2702
Dispute Resolution Center (mediation services)	956-1155
Domestic Violence Victim Advocacy	709-3255
Family Court Facilitator (Thurston Co. Juvenile and Family Court)	709-3269
Family Support Center (coordinated family services)	754-9297
Human Rights Commission, WA State	753-6770 or 1-800-233-3247
Long-Term Care Ombudsman (mediation/advocacy in nursing homes)	800-562-6028 or 943-6018
PIPE: Partners in Prevention Education (Homelessness and Sexual Violence)	357-4472
P.O.W.E.R. (Parents Organizing for Welfare & Economic Rights)	352-9716 or 866-343-9716
SafePlace (24/7 Sexual and Domestic Violence HelpLine)	754-6300 or TTY 943-6703
Tenant Union Hotline (Seattle Number)	206-723-0500
Thurston County Family Justice Center (Family Support Center)	754-9297
Victim Advocate Division, Thurston County	786-5540
Volunteer Legal Services (Eviction workshops - Legal Info)	705-8194

SENIORS

Area Agency on Aging (Info & Case Management)	664-3162 or 1-888-545-0910
Catholic Community Services (Home Care)	586-2960
Home & Community Services, Div of DSHS (Long-Term Care)	1-800-462-4957
Older Adult Services, BHR (Counseling/case mgmt)	704-7170 or 800-825-4820
Providence Sound Homecare & Hospice	459-8311 or 1-800-869-7062
RSVP (Retired Senior Volunteer Program, United Way of Thurston County)	943-2773 ext.20
SENIOR CENTERS: Olympia: 586-6181	Yelm: 458-7733
Lacey: 407-3967	Tenino: 264-5092
Rainier: 446-2258	Tumwater: 754-4160
Senior Information & Assistance (AAA)	664-3162 ext. 133 or 1-888-545-0910
Senior Services for South Sound	586-6181
Social Security Office (Olympia)	866-807-1160
South Sound Care Connection (In-Home Care coordination)	586-4491
STARS Program (Adult Day Care -Several locations)	586-6181

SPECIFIC POPULATIONS: SERVICES & ASSISTANCE

Cielo Project (Latino Educational and Mental Health Services)	709-0931
KWA: Korean Women's Assoc. (Asian, Pacific Islander, & Elders)	455-4524
National Suicide Lifeline (for Veterans Crisis Line Press 1)	800-273-TALK (8255)
Nisqually Indian Tribal Services	456-5221
South Puget Intertribal Planning Agency (SPIPA – five tribes)	426-3990
Veterans Assistance Fund (Rent, Utilities, Food, Bus Passes)	867-2625
Veterans Benefits and Services (WA State)	800-562-2308

The Crisis Clinic of Thurston and Mason Counties is a non-profit IRS designated 501(c)(3) tax-exempt organization.

All donations are tax-deductible. Tax ID: 26-4355586 • Our Washington State Combined Fund Drive charity code is: 1479367

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